



2021 TPTA ANNUAL CONFERENCE & TEXAS ASSEMBLY



COURSE PROGRAM

2022

2022 TPTA Annual Conference
The Westin Irving Convention
Center at Las Colinas
October 28-29, 2022

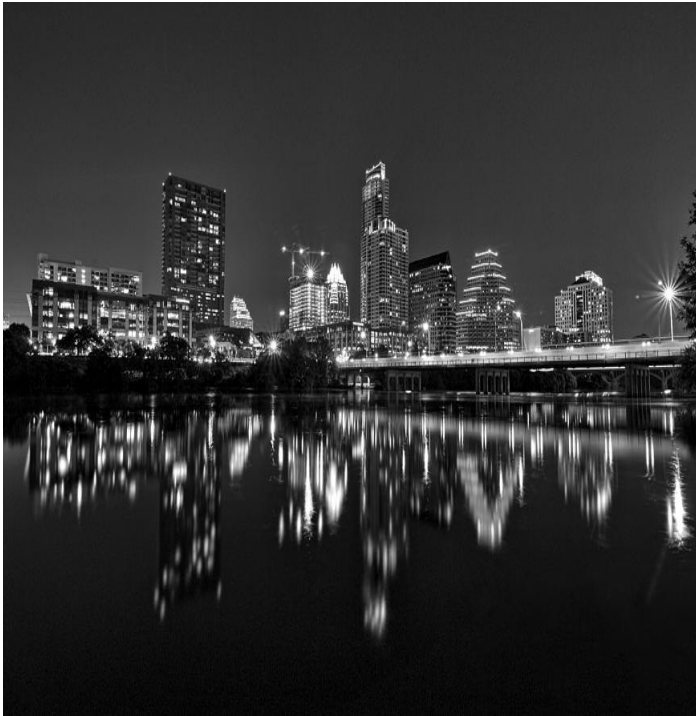
2023

2023 TPTA Annual Conference
Kalahari Resorts and
Conventions
October 28-29, 2023

TEXAS PHYSICAL THERAPY ASSOCIATION

COURSE DESCRIPTIONS AND SPEAKER BIOS

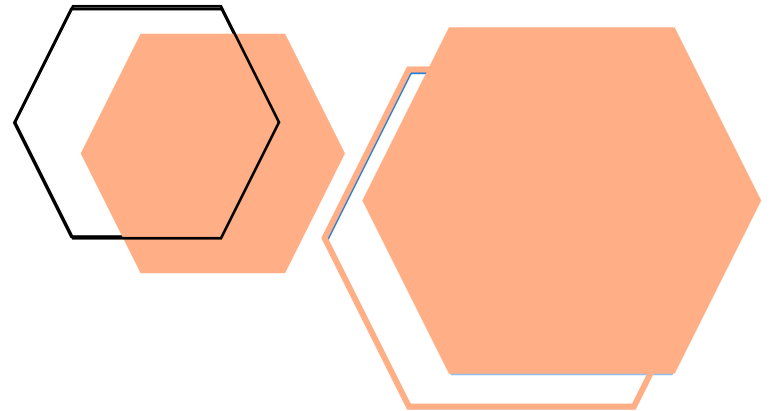
We invite you to enjoy a mix of live and recorded education sessions, business meetings, abstract presentations, and sponsor info. Conference registrants can access CCUs for an extending time, allowing attendees the flexibility to manage work and family needs. Do not miss this opportunity!



REGISTRATION

REGISTRATION CLOSING OCTOBER 20TH

REGISTRATION TYPE	PRICE
TPTA PT/PTA MEMBER	\$75
NON-MEMBER	\$90
STUDENT MEMBER	\$10
STUDENT NON-MEMBER	\$25



CCUS

Per the PTOT, attendees must be present for the entire course and complete an evaluation to receive credit. CCUs are not issued to students. Students may request a conference Certificate of Attendance by contacting TPTA.

Please complete the Conference Course Evaluation after each course to ensure you receive credit.

Credits will be issued by December 1, 2021, for all course evaluations completed by 11/19. You will receive instructions via email on retrieving credits. After that, CCUs will be issued in cycles on 12/10, 12/17, 12/28 and 1/4.

Please allow until then for processing and contact TPTA after that date if you have not received instructions.

TEXAS ASSEMBLY

AWARDS CEREMONY & BARB MELZER LECTURE

Assembly, the Awards Ceremony, and the featured Barb Melzer Lecture are all free events on Saturday, October 30th.

TPTA President Dr. Michael A. Geelhoed, PT, DPT will host our annual ceremony before the Barb Melzer featured Lecture, "Patient First Always" presented by Ann H. Newstead, PT, DPT, PhD, GCS, NCS, CEEAA at 10am.

Immediately following, at 11am (CST), join us for our largest, annual business meeting and meet our new officers.

Burnout and Well-Being in PT Students and Clinicians

2 CCUs

This course will cover the origins of burnout in research and the definition of burnout, as well as current literature on burnout in PTs, students, and other health care providers. It will also include research findings on burnout and well-being in PT students, including contributing factors in the development of burnout. This course will address ways to combat and prevent burnout utilizing research findings and aspects of the Six Dimensions of Wellness.

ALLISON SMITH, PT, DPT, PHD, OCS, FAAOMPT

Allison Smith is an orthopedic physical therapist for Harris Health System in Houston, TX, as well as adjunct faculty for Texas Woman's University in Houston, TX. She is a Board-Certified Orthopedic Specialist and a Fellow in the American Academy of Orthopedic Manual Physical Therapists. She recently completed her PhD in Physical Therapy through Texas Woman's University, where she studied burnout and well-being in physical therapist students. Her long-term goal is to address the fourth pillar of the Quadruple Aim: improve the work life of health care providers.

Clinical Education in a Hybrid DPT Program | Challenges, Strategies, and Successes

2 CCUs

The purpose of this session is to share the successes and challenges experienced by the Baylor Doctor of Physical Therapy (DPT) Department in developing a clinical education program. We will discuss academic preparation/student preparedness, career-oriented clinical education model, placement or matching process, academic and clinical coaching, student outcomes, interventions during clinical education, and the challenges and opportunities to improve clinical education in the future.

BRETT BEUNING, DPT, OCS, ADCE (BAYLOR UNIVERSITY)

Brett Beuning is a Clinical Assistant Professor and Assistant Director of Clinical Education in the Baylor University Doctor of Physical Therapy Program. A graduate from the Regis University Physical Therapy Program in 2006, Dr. Beuning is an ABPTS board-certified Orthopaedic Clinical Specialist and a Fellow in the American Academy of Orthopaedic and Manual Physical Therapists. He has spent the past 10+ years in clinical practice in various settings, with a focus in outpatient orthopaedics. Most of that time was spent educating mentoring others in clinical education, residency, and fellowship programs. In addition to clinical practice, Dr. Beuning has served as faculty the last five years with Evidence in Motion, developing online and clinical content for clinical internship and post-graduate programs. He has served two years as Program Director for the Evidence In Motion Orthopaedic Residency Program, and as Adjunct Faculty for South College of Tennessee. He currently resides in Texas with his wife and three children.

PRISCILLA BRUNTMYER, BS, CLINED ADMIN COORDINATOR (BAYLOR UNIVERSITY)

Priscilla Bruntmyer is a full-time staff member in the Baylor University Doctor of Physical Therapy Program and has been working in Clinical Education since 2018. She received her Bachelor of Science in Human Services from Kennesaw State University in 2015. Prior to joining the Clinical Education team at Baylor University, she served as the Manager of Volunteer Services for Make-A-Wish Georgia. Priscilla is currently pursuing her Master of Science in Communication Sciences and Disorders at Baylor University and is looking forward to impacting her community as a Speech-Language Pathologist. Priscilla resides in San Antonio, TX with her husband, Logan.

CHRISTY GANTT, DPT, DCE (BAYLOR UNIVERSITY)

Christy Gantt is a Clinical Associate Professor and Director of Clinical Education in the Baylor University Doctor of Physical Therapy Program. After earning both BS (1986) and Master (1990) degrees from Texas A&M University, Dr. Gantt completed a MPT degree through the U.S. Army-Baylor University Graduate Program at the Army Medical Department Center and School (AMEDDC&S) and a DPT, also through Baylor University. Dr. Gantt has served in the U.S. Army for 27 years as a PT and physician extender, providing patient care, clinic leadership, and student instruction at various assignments in the US and abroad. As a civilian, Dr. Gantt spent 10 years as the Program Director and full-time faculty in the Blinn College PTA Program.

Through positions in both Military Medical Training Support and National Emergency Response Agencies, she has been an educator, facilitator, and designer of training exercises to develop and promote the skills of both civilian and military medical personnel as they prepared to deploy for response to various emergencies. She resides in College Station, TX and enjoys traveling, outdoor adventures, and spending time with her husband, five children, and friends and family.

DEVELOPMENT AND VALIDATION OF THE SELF-EFFICACY OF PHYSICAL THERAPIST STUDENT OUTCOMES

2 CCUs

Self-efficacy is believed to be a link between knowledge and the application of knowledge and skills to specific situations. Previous surveys addressing self-efficacy in PT students did not address entry-level PT outcomes. The Self-Efficacy of Student Physical Therapist Outcomes (SEPTSO) is the only published survey that comprehensively measures the self-efficacy of student physical therapists for the outcomes expected of physical therapists. The purpose of this course is to present the development and validation of the SEPTSO survey. In addition, the potential uses of the SEPTSO including program evaluation, curriculum evaluation to identify program weaknesses, outcome measures for accreditation, and student self-reflection will be discussed.

SUZY OKERE, PT, PHD

Suzy Okere, PT, PhD has over 20 years of experience in physical therapist education and research. Dr. Okere is an Associate Clinical Professor at Texas State University where she teaches Anatomy. Her research agenda has focused on the cultural competence of student physical therapists and has expanded to include the self-efficacy of student physical therapists.

LOIS STICKLEY, PT, PHD

Lois Stickley, PT, PhD, has been a physical therapist since 1982 and has over 25 years teaching in physical therapist education. Dr. Stickley is an Associate Professor at Texas State University where she teaches courses in professional issues, management issues, and clinical decision making. Her research agenda has focused on leadership, professional development, and self-efficacy in physical therapist students and professionals. Dr. Stickley has presented information in these areas at multiple professional conferences and in publications. Dr. Stickley and Dr. Janet Bezner developed the Self-Efficacy of Student Physical Therapist Outcomes (SEPTSO) in 2019 and she and Dr. Suzy Okere are continuing work on various uses of this tool. Dr. Stickley has been a member of the TPTA since 1980 and has served in multiple leadership roles including Chief Delegate, Speaker of the Assembly, the Executive Committee, and the Board of Directors. She is a member of the Academy of Education, the Academy of Neurology, and the Health Policy and Administration Section.

DO YOU HAVE AN ACHILLES HEEL IN YOUR PRACTICE? EVIDENCE SUPPORT INTERVENTION FOR ACHILLES TENDON RUPTURES

2 CCUs

The Achilles is the third most ruptured tendon in the body. Intervention is riddled with controversy. Surgical vs. conservative management; repair strength and gapping tolerance; early vs. delayed motion and weight bearing; appropriate loading; and known long term deficits and impairments. This course will present current literature and evidence-supported intervention.

ANGELA J. RICH, SCD, PT, OCS, ATC

Angela is a Clinical Associate Professor in the Department of Physical Therapy at Texas State University Round Rock. She is a member of the orthopedic team, teaching in the Musculoskeletal Series and the Director of the Texas State Physical Therapy Clinic. Dr. Rich received her Bachelor of Science degrees in athletic training in 1984 from Southern Illinois University and physical therapy from Texas State in 1994. She completed her Doctor of Science degree in Physical Therapy from Texas Tech Health Sciences Center in 2011. Certified in manual therapy and a board-certified orthopaedic specialist, her interest is in the treatment of orthopaedic and sports injuries and conditions with a focus on movement impairments. Dr. Rich is a four-time

recipient of the Excellence in Teaching Award at the department and college level for Texas State.

HOSPITAL READMISSION ON INDIVIDUALS WITH ACUTE DECOMPENSATED HEART FAILURE

2 CCUs

Acute Decompensated Heart Failure (ADHF) is the leading cause of hospitalization in older adults and is very expensive. Recent data shows that the United States spends billions of dollars on healthcare costs annually to manage this population. Projection estimates that the total costs of ADHF-related medical care will grow to 80%, which includes hospital readmission (HR). HR is seen as an indicator of poor quality of services. Hence, the Hospital Readmission Reduction Program (HRRP) was established to curtail the increasing health related expenses in this population. Medicare imposed a financial penalty (3% reduction of total inpatient claims) to hospitals who have higher readmission rates (30-day unplanned readmission). Consequently, many hospitals are trying to find better ways to lower the hospital readmission rate for this population. The course will discuss about studies that indicate that poor functional mobility, different psychosocial stressors, and increased lengths of stay can predict hospital readmission. On the other hand, other studies have shown that improving the physical function and psychosocial status can decrease hospital readmission in this population. However, acute physical therapy services have not shown how it can improve functional status and psychosocial attributes in this population until now. Hence, this course will discuss data showing the effects of acute physical therapy services on physical function and psychosocial attributes in individuals with ADHF. This course will discuss different outcome measures to assess physical function and psychosocial stressors that can be used in hospital settings, as well as some video demonstrations of physical outcome measures. Presenters will discuss data from dissertation studies completed by the primary speaker about the effects of acute physical therapy services on physical function and psychosocial attributes. Moreover, data will be discussed regarding factors that can predict hospital readmission in this population. Those factors can be targeted to decrease 30-day unplanned hospital readmission rates and avoid financial penalty in this ADHF population. A case presentation will be offered at the end of this course to illustrate the clinical relevance of the content discussed and to generate in-depth discussion.

MARTHA ACOSTA, PT, PHD, GCS

Martha Acosta, PT, PhD, GCS: Dr. Martha Acosta is a physical therapist with over 38 years of clinical experience in settings ranging from acute care, long term care, out-patient, rehabilitation, home health and children's psychiatric hospital. She received her first Bachelor's degree in Pre-Medicine from the University of Southwestern Louisiana, the second Bachelor's degree in Physical Therapy from University of Texas Medical Branch, a Master's degree in Healthcare Administration from Southwest Texas State University, and PhD degree in Rehabilitation Sciences from University of Texas Medical Branch. Dr. Acosta maintained Board Certified Clinical Specialty as a Geriatric Clinical Specialist (GCS) from 1997-2017 and received Emeritus status in 2018. She currently is an Associate Professor at UT Health San Antonio in San Antonio, TX. Previous faculty positions included Assistant Professor at UT El Paso and adjunct professor at the El Paso Community College PT Assistant program.

BOBBY BELARMINO, PT, DPT, PHD, CCS

Dr. Bobby Belarmino has been a physical therapist for 28 years plus. His clinical experience is mostly in cardiovascular and pulmonary specialty practice area, particularly early mobility in intensive care unit (ICU). He received his Bachelor's degree in Physical Therapy at Virgen Milagrosa University Foundation in the Philippines, his Master's degree in Applied Physiology at Columbia University in New York. He then completed his Doctor of Physical Therapy at MGH Institute of Health Professions at Boston, Massachusetts, and then completed his PhD in Physical Therapy at Texas Woman's University in Houston, Texas. Dr. Belarmino is a Board-Certified Clinical Specialist in Cardiovascular and Pulmonary Physical Therapy by the American Board of Physical Therapy Specialty. Dr. Belarmino is the only one with this board certification in the San Antonio area and one of a few with this certification in State of Texas. His research interests are in ICU rehabilitation, reducing hospital readmission in cardiovascular and pulmonary populations, and improving frailty in elderly population through rehabilitation interventions. Currently, he is an Assistant Professor at UT Health San Antonio in San Antonio, TX.

RAJASHREE MONDKAR, PT, MS, CCS

Ms. Rajashree Mondkar, PT, MSPT, CCS, is a physical therapist with over 35 years of experience in acute and critical care in the

U.S., U.K., India. She is currently a Physical Therapist and Rehab Education Specialist in Critical Care at Houston Methodist Hospital, Houston, TX. She is faculty for the Critical Care Fellowship and Acute Care Residency. Rajashree earned a Bachelor of Science (Physiotherapy) and Master of Science (Cardiovascular & Pulmonary Physiotherapy) at the University of Bombay, India. Ms. Mondkar is a Board-Certified Clinical Specialist in Cardiovascular and Pulmonary Physical Therapy by the American Board of Physical Therapy Specialty.

HYPERMOBILITY SYNDROME- IS THERE MORE TO BEING TOO "LOOSE?"

2 CCUs

This course reviews epidemiology and classification systems of hypermobility, as redefined in 2017. Participants will review signs and symptoms of joint hypermobility as well as learn the Beighton scale and Brighton criteria for evaluation. By understanding histology of the connective tissue is the key to understanding hypermobility. In addition, additional symptoms/ comorbidities will be reviewed that are associated with joint hypermobility, to assist in clinical evaluation. Exercise prescriptions and reviewing best treatment practices for this population will be emphasized.

MARSHA RUTLAND, PT, SCD, MEd, OCS, COMT, C-DN, CSCS

Marsha Rutland, PT, ScD, MEd, OCS, COMT, C-DN, CSCS is a professor of Physical Therapy at Hardin-Simmons University DPT program. She received her BS in Physical Therapy from the University of Texas Health Science Center at Dallas (1979), Master of Education degree from Hardin-Simmons (2002) and an Sc.D. in Physical Therapy with emphasis in Orthopedics from Texas Tech University (2008). She is a certified Orthopedic Clinical Specialist (OCS) - APTA (2003,2013) and has a certification as an orthopedic manual therapist (COMT) for extremities through IAOM (2007). Additionally, she is a Certified Strength and Conditioning Specialist (2003). Dr. Rutland is also a Certified Dry Needler(C-DN) through IAOM. Her teaching responsibilities include Clinical Anatomy I and II, Diagnostic Imaging, Healthcare Management. Dr Rutland received the William R. Gould Memorial Outstanding Physical Therapy Faculty Member Award from TPTA in 2011 and the Provost's Award for Teaching Excellence from Hardin-Simmons University in 2014, and HSU Faculty Member of the year (2021). Dr. Rutland's research interests center around anatomy and anatomy education, orthopedic assessment, and treatment. Dr. Rutland's 41 years of clinical experience is in a variety of settings, with mainly outpatient orthopedics x last 20+ years. She has recently started the Anatomy Certification Program at HSU for clinicians desiring to teach Anatomy.

INTRODUCTION TO REHABILITATION FOR PATIENTS WITH FACIAL PALSY

2 CCUs

Patients with facial palsy often lack reliable and accurate information about their condition, treatment options, and recovery potential. This course will review the causes of facial palsy, relevant anatomy, medical treatment, and evaluation of facial function. Physical therapy treatment approaches will be discussed in a case-based format.

JULIE M. DEVAHL, PT, DPT, OCS

Julie DeVahl received a BS in Physical Therapy in 1979, a MS in Physical Therapy in 1984, and a tDPT in 2014. She is an associate professor and Director of Clinical Education at University of Texas Southwestern Medical Center. Her area of clinical practice is outpatient orthopedics and she became board-certified in Orthopedics in 2011. She specializes in patients with temporomandibular dysfunction and facial palsy. She is a member of Facial Therapy Specialists International. Julie's teaching responsibilities include clinical education topics, electrotherapy, advanced therapeutic techniques, and orthopedics. Her research interests are in the areas of orthopedics, clinical education, and life-long learning. She a member of the APTA Academy for Physical Therapy Education and Orthopaedic Physical Therapy. She previously served the Texas Chapter on the APTA House of Delegates for five years and as secretary and treasurer of the NTD of the TPTA.

AMY L. WALKER, PT, DPT, OCS

Amy Walker earned her BS in Health Education from Texas A&M University in 1988. She worked in various community-based health organizations and city government in the training and development field for many years, then returned to school to pursue a career in physical therapy. She earned her physical therapy Master's degree from UT Southwestern in 2003, then completed her t-DPT in 2011 from Texas Tech. She has worked in acute, skilled, acute rehab, home health and outpatient settings. She was a physical therapy faculty member at UT El Paso before moving back to the Dallas-Fort Worth area in 2009. She has focused on outpatient orthopedics since then, earning OCS in 2013. She is a clinical instructor as well as adjunct faculty member for a PTA program at a local community college. She enjoys helping student become adept and confident in their skills and enjoys helping colleagues plan and implement successful clinical education rotations.

MULTIMORBIDITIES: CLINICAL AND FUNCTIONAL IMPLICATIONS FOR THE PHYSICAL THERAPIST

2 CCUs

Multimorbidity, the co-occurrence of multiple chronic conditions in the same individual, is a major source of healthcare burden in the aging population. Multimorbidity is particularly important for the physical therapist providing care for older adult. Using an evidence-based framework, an expert interdisciplinary panel comprised of an epidemiologist/sociologist and physical therapist will discuss the concept of multimorbidity, highlighting its distinguishing characteristics, interrelatedness with disability and frailty, and its implications for health care and physical therapy practice. Major attention will be given to key aspects of multimorbidity, including risks, consequences, and patterns of multimorbidity and its association with geriatric syndromes. Assessment and physical therapy management in the clinical setting, and challenges of working with older adults with multimorbid conditions will be a key focus. As geriatric practitioners of choice in a burdened health care system, it is critical that physical therapists use sound exercise principles to maximize function. Practical information will be provided on the application of exercise principles to aptly challenge the older individual's abilities and effect needed physiological change to improve function. Current evidence on exercise-based interventions for older adults with multimorbidity will be presented with a focus on prevention and movement.

HELEN P. HAZUDA, PHD, FABMR

Helen P. Hazuda, PhD, FABMR is a sociologist, epidemiologist, and health services researcher with over 30 years of experience conducting cross-cultural research with Mexican Americans and European Americans in San Antonio and South Texas. Her primary focus is chronic disease, cardiovascular disease, diabetes, health services research and aging. She has also developed a detailed disablement process model (DPM) designed to assess pathways linking specific chronic health conditions to disability via impairments and functional limitations and to serve as a tool for identifying optimal targets for intervention to prevent, slow, or reverse progression toward disability. Research based on the DPM can yield information useful to clinicians treating older adults with diabetes, cardiovascular disease, and arthritis. Dr. Hazuda is Professor/Research and Professor Emeritus in the Department of Medicine UTHSA, a Fellow of the Academy of Behavioral Medicine Research, and served as a member of the National Institute on Aging Board of Scientific Counselors (2016-2021). She is Principal Investigator at the UTHSA Clinical centers for the NIDDK-funded Look Ahead (Action for Health in Diabetes study and the Diabetes Prevention Program Outcomes Study. She is also affiliated with the UTHSA Biggs Institute of Alzheimer's and Neurodegenerative Diseases and the Barshop Institute for Longevity and Aging Studies and is co-investigator at the NIA-funded Claude D. Pepper Older Americans Independence Center. Dr. Hazuda has over 200 peer-reviewed journal publications.

MYLES U. QUIBEN, PT, PHD, DPT, MS

Therapy Specialties (ABPTS) in Neurologic and Geriatric Physical Therapy (NCS, GCS). She completed a Fellowship in Geriatric Research at the UT Health in San Antonio, obtaining an MS in Clinical Investigation. She completed two leadership fellowships: APTA Education Leadership Institute (ELI) and the Texas Tom Waugh Leadership Program. She is Professor, Chair of the Department of Physical Therapy and Associate Dean of the School of Health Professions at the University of North Texas Health

Science Center, with teaching areas in cardiopulmonary, geriatric, neurologic, and clinical medicine. Her clinical experience has spanned varied settings from acute care, rehabilitation, and cardiac rehab. She serves on the Board of the Academy of Geriatric Physical Therapy (APTA Geriatrics), Texas Geriatric Society, and the National Interprofessional Education Consortium (NIPEC) as Chair. She is an APTA Credentialed Clinical Instructor Trainer. Prior service includes American Board of Physical Therapy Specialties (ABPTS), and Federation of State Board of Physical Therapy. Her research interests are in movement and functional outcomes, health, wellness and prevention in older adults, osteoporosis, and frailty.

ON THE ROAD AGAIN! EQUIP YOUR TOOLKIT WITH COGNITIVE MAPPING TO NAVIGATE PREVENTIVE CARE FOR CARDIOVASCULAR AND PULMONARY DISORDERS

2 CCUs

The focus of this workshop is to train physical therapists with the use of cognitive mapping to address cardiovascular and pulmonary disorders (CVPD) that impact older adults. CVPD is considered the new normal as 80-85% of older adults have at least one CVPD, and 65% have two or more. The intersectionality of aging, context, genetics, and gender, predispose this population to become a chronic disease statistic, CVPD requires ongoing medical attention, limits independence in activities of daily living, and is a leading cause of disability and death. With the current COVID-19 pandemic, this population is at an increased risk for infection, with worse outcomes. CVPD is preventable and manageable. Managing treatments, making lifestyle changes to keep impending disability in check, and maintaining a quality of life is an ongoing challenge. The interprofessional dynamics in empowering, supporting, and educating the patient to self-manage the disease is crucial for the well-being of the patient in a healthcare setting. Furthermore, it will train the physical therapist to use cognitive mapping to enhance the interprofessional care provided using cognitive mapping to empower patients and self-manage their health and quality of life. The method of presentation will include the use of PowerPoint as a visual, along with demonstration and exercises for the audience to practice cognitive mapping.

KAREN ARANHA, PH.D., OT. ASSOCIATE PROFESSOR, UNIVERSITY OF ST. AUGUSTINE HEALTH SCIENCES

Karen Aranha, Ph.D., OT, has a Bachelor of Science in Occupational Therapy, a Master of Science in Health Exercise and Sports Sciences, in the biomechanics track, and a Ph.D. in Human Development and Family Studies with a specialization in gerontology and human agency of the older adult. She has 23 years of clinical experience and has been teaching for the past 7 years. As a clinician, she has worked with people across the life span, with a primary focus on older adults and Neurorehabilitation. Her research is focused on postural control, neuroplasticity, and the use of yoga in neurorehabilitation, the rights and rehabilitation need of persons with disabilities and the disadvantaged, particularly in the global south, and promoting OT in community health and global health. She has worked with Frontera de Salud and taken students on interdisciplinary medical humanity trips to the US/Mexico border towns, Guatemala, and Nicaragua. Currently, she is collaborating with Therapists of Armenia, All for Armenia, and the Chair of the OT program, Armenia, to provide training for allied health therapists, explore the role and occupational therapy students in Armenia.

GERMAINE FERREIRA PT, DPT, MSPT, BHMS., ASSISTANT PROFESSOR, DOCTOR OF PHYSICAL THERAPY PROGRAM, UNIVERSITY OF ST. AUGUSTINE FOR HEALTH SCIENCES

Dr. Ferreira is an Assistant professor in the Doctor of Physical Therapy Program at the University of St. Augustine for Health Sciences, Austin, Texas, USA since 2016. She teaches Cardiopulmonary Physical therapy and Pathophysiology, she received her Bachelor of Homoeopathic Medicine and Surgery from the University of Bombay, India after which she practiced for two years as a Homoeopathic Family practitioner. On migrating to the USA, Dr. Ferreira received her Master of Science in Physical Therapy from Texas State University. She holds a Doctor of Physical Therapy from A.T. Still University of Health Sciences. She has 22 years of experience in clinical practice, she has worked in Acute Care, Cardiac Rehabilitation and Pulmonary Rehabilitation, Long Term Acute Care and SNF. She worked as a Director of Rehab for 10 years in SNF enjoying the geriatric population. Dr. Ferreira's research focus is on heart failure, cardiopulmonary diseases, diseases that affect the geriatric population, autoimmune

disorders, spina bifida musculoskeletal pathologies. She has several publications and peer-reviewed abstracts and has presented at various conferences.

PELVIC FLOOR THERAPY: IT'S MORE THAN KEGEL'S

2 CCUs

Treating patients with pelvic floor dysfunction is more than just giving out Kegel's exercises. While these are an important first step in control of the pelvic floor, there are many other reasons why a person develops pelvic floor dysfunction. This course will examine the various reasons why a person is referred to pelvic floor PT. It will look at ways the non-pelvic floor PT can identify issues and how those issues can be limiting progress with other patient complaints not immediately attributed to the pelvic floor, like hip pain, back pain, gait deviations and more. The course will provide some basic screening, exercises, and educational tools that any PT can implement in daily clinical practice to enhance and maximize your patient outcomes.

DONNA J. CARVER PT

Donna is the owner of Purely Pelvic Floor Rehab, located in Corinth, Tx. She has been dedicated to the profession of physical therapy since graduating from UCA in 1997. Over the course of the past 25 years, she has conducted several continuing education courses on a variety of different physical therapy topics, but her focus in more recent years has been in providing education in pelvic floor physical therapy. She has served as an item writer for FSBPT and AAWM board exams. She developed a local PTA Program and served as the Program Director. She has served the profession as the Government Affairs Chair for NTD/TPTA and has maintained active membership in both TPTA and APTA since 1995. She has been recognized for her commitment to education and excellence in physical therapy practice with the Ruby Decker Award, the Outstanding Clinical Educator Award, and the Exceptional Teaching Award.

PUT ON YOUR HARD HATS: BUILDING YOUR INSTRUCTIONAL TOOLBOX FOR STUDENT ENGAGEMENT

2 CCUs

Participants will discover learning activities that increase student engagement and instructional effectiveness in the academic classroom, as well as encourage students to commit to lifelong learning. Through small group discussion and mini-presentations, participants will share learning activities they have utilized successfully with students in the classroom. Student survey data regarding the effectiveness of learning activities will also be presented.

AMANDA BRYSON, PTA, MBA

Mrs. Amanda Bryson has been a practicing physical therapist assistant in the state of Texas since 2008. She has primarily worked with pediatric patients in outpatient and home health, but she also has experience in orthopedic and acute settings. Mrs. Bryson completed her Bachelor of Science in Kinesiology degree from Texas A&M University. She obtained her Associate of Applied Science in Physical Therapist Assistant from Blinn College in 2008. Mrs. Bryson has since completed her Master of Business Administration in Healthcare Administration from South University. Mrs. Bryson joined South University in August of 2014 and currently serves as the Academic Coordinator of Clinical Education for the Physical Therapist Assistant (PTA) program. Mrs. Bryson also serves as the Lead ACCE for other PTA programs in the South University system. She enjoys teaching and watching the students grow their clinical skills while supervising them in their clinical externships. Mrs. Bryson enjoys spending time with her husband and daughter. She loves all things dinosaurs and enjoys making quilts.

BRIANNA BARKSDALE, PTA, MHA

Brianna Barksdale has been a practicing physical therapist assistant since 2012, working in Missouri, North Carolina, and Texas. She has primarily worked in outpatient orthopedics, but most recently worked in home health and in a pain clinic. She enjoyed aspects of each setting but learned the most important thing is effective communication between healthcare providers,

patients, and caregivers. Mrs. Barksdale completed her undergraduate and graduate coursework at Missouri State University where she received a Bachelor of Science in Exercise and Movement Science, as well as her Master in Health Administration degree. In 2012, she completed the Physical Therapist Assistant program at Ozarks Technical Community College to pursue her dream of helping patients regain their function after injuries. Mrs. Barksdale joined South University, Austin in January 2019 as an adjunct faculty member, moving to a full-time faculty role in June 2019. She notes that the teaching aspect of physical therapy has always been important to her as it is a large component of building trust with patients. She enjoys the fact that she can now use that skill when teaching students in the classroom as they work toward their goal of becoming a physical therapist assistant. For fun, Mrs. Barksdale enjoys reading, baking, and spending time with her husband, two daughters and one son.

SHANNON HERRIN, PT, DPT, EDD

Dr. Shannon Herrin has been a practicing physical therapist in the state of Texas since 2000. She has primarily worked with patients in outpatient orthopedics and aquatics. Dr. Herrin served for three years as the supervisor for a large private physical therapy clinic in Southwest Austin. She enjoyed supervising and working with many physical therapists, physical therapist assistants, support staff, and students. Herrin completed her undergraduate coursework at the University of Texas in Austin. She obtained a Master of Physical Therapy degree at the University of Texas Health Science Center in San Antonio in 2000. Dr. Herrin then completed her Doctor of Physical Therapy degree at Boston University in 2006, and later earned her Doctor of Education degree in Leadership in Higher Education from Hardin-Simmons University in May 2021. Dr. Herrin joined South University, Austin in September 2012 and currently serves as the Program Director of the Physical Therapist Assistant (PTA) program. Dr. Herrin also serves as the Assistant Dean for the College of Health Professions at South University. She enjoys teaching and mentoring students as they work toward becoming physical therapist assistants. Dr. Herrin also has a passion for leadership and helping others develop their own leadership abilities. For fun, Dr. Herrin enjoys swing dancing with her husband, reading, and traveling. She loves to make scrapbooks for her growing family, which includes five daughters and two son-in-laws.

VESTIBULAR REHABILITATION: EXAMINATION AND TREATMENT IN THE ACUTE SETTING

2 CCUs

Vestibular Rehabilitation: Examination and Treatment in the Acute Setting is a 2-hour course that will cover the basics of anatomy and physiology of the vestibular system that are important for vestibular rehabilitation. It will cover how to identify Acute Vestibular Syndrome (AVS) in the Acute Care setting with a focus on Benign Paroxysmal Positional Vertigo (BPPV) and Vestibular Hypofunction, to perform an examination and to determine appropriate evidence-based treatments for potentially medically complex patients. The course will feature a laboratory component with small group discussion including case studies and skills learning including: BPPV diagnostic maneuvers, administration of the Epley and Lempert roll canalith repositioning maneuvers with instruction in a home program, unilateral vestibular hypofunction (UVH) treatment and examination skills/outcome measures from Vestibular EDGE document. The participants will make SMART goals using an outcome measure and the minimally clinically important difference (MCID), as appropriate.

CHARA BOOKER, PT, DPT, NCS

Dr. Chara Booker received her undergraduate degree in Life Science/Biology from the Pennsylvania State University in 1993. She received her Master of Physical Therapy degree in 1996 and her Doctorate of Physical Therapy degree in 2005 both from Emory University in Atlanta, GA; she has 25 years of experience as a physical therapist. She began her career working with patients who sustained brain injury and was certified as a vestibular specialist by Dr. Susan J. Herdman originally in 1998. She was certified as a Neurologic Clinical Specialist initially in 2004 and renewed in 2015. She works currently at University Health in San Antonio, TX at Reeves Rehabilitation Center treating patients with stroke, brain injury, vestibular and balance issues, multiple sclerosis, Parkinson's disease, facial nerve injuries, spinal cord injuries, Guillain-Barre Syndrome, other neurologic deficits, and falls in the inpatient and outpatient rehabilitation departments. She has also been working as Adjunct Faculty at the University of the Incarnate Word (UIW) School of Physical Therapy since 2012 teaching patient/client management and a clinical reasoning

course. She has worked as a certified clinical instructor for several Texas universities over the last 20 years. She received an award from the UIW School of Physical Therapy students for best adjunct faculty by the classes of 2018 and 2019. She has worked with clinical research by providing the physical therapy component of the PISCES 3 clinical trial using neuro stem cells to help people with UE paralysis after chronic stroke along with principal investigators, Dr. Christopher Topel and Jody Richardson, RN with UT Health Neurology.

JULIANA MILLER, PT, DPT, BOARD-CERTIFIED NEUROLOGIC CLINICAL SPECIALIST

Julie Miller has been a physical therapist for 6 years in acute care at a level-1 trauma hospital in San Antonio. She graduated from Saint Louis University in St. Louis, Missouri in 2015, and has lived in San Antonio ever since. She received her Board Certification in Neurologic Physical Therapy in 2019 and her Certified Brain Injury Specialist in 2021. She is a member of the Neurology section of the APTA. She enjoys lazy weekends with her husband, Bryan, and fur babies, Moose and Max.

NITIN SAINI, PT, MS, C/VRT

Nitin Saini received his Physical therapy degree from esteemed Post graduate Institute of medical education and research, Chandigarh, India, developed a lifelong interest in Physical Therapy helping patients achieving maximum potential and achieving all their goals. The experiences during Physical Therapy school inspired Nitin to pursue several rigorous continuing education courses such as Neuro Developmental therapy certification, NDT-advanced gait certification and most recently Vestibular certification through Emory Certification to provide highest possible quality care and therapy services to patients with Acute vertigo in an Acute care setting collaborating with Neurologists, Hospitalists, and other specialists. Outside of work, Nitin enjoys cooking and spending time with family. He is just finishing his DPT coursework and will have it completed this semester.

MICHAEL TRAN, PT, DPT

Michael Tran, PT, DPT is a practicing therapist for four years who graduated from the University of St. Augustine in Austin, TX. He has worked in the acute rehabilitation setting for the entirety of his career, with a focus in stroke and TBI protocol development, acute vestibular therapy, community awareness of rehab disciplines, and interdisciplinary communication in the hospital setting.

WALK THE BLOCK AND MORE: USING QUALITY IMPROVEMENT TOOLS TO ENHANCE INTERPROFESSIONAL TEAM RESPONSE TO URGENT MEDICAL SITUATIONS

2 CCUs

This course will describe the application of the Plan-Do-Study-Act model to address how a multi-site outpatient clinic responds to urgent situations. A multi-pronged, staged educational approach designed with staff involvement can reinforce processes and provide decision support in times of urgent medical situations. Techniques discussed will include the PDSA model, "Walk the Block" crash cart training, tech specific in-services, algorithm and tip sheet development, interactive e-learning, and mock codes emphasizing team communication. This course is designed to meet the needs of those who want to learn more about quality improvement in general, gather ideas for emergency response education specifically, or both. Learners will come away with practical tips that they can apply in their own practice areas.

SHANNON BOWLING, PT, DPT, GCS

Shannon Bowling is a professional development specialist at UT Southwestern, supporting Therapy Services in acute care, rehab, and outpatient settings across the organization. In this role, she enjoys ensuring staff receive engaging education supporting their own job roles. Board-certified in Geriatric Physical Therapy and with over 20 years of clinical experience in a variety of settings, Dr. Bowling regularly presents on a variety of topics to a wide range of audiences in the health system. A graduate of Texas Christian University, she obtained her MS in Physical Therapy at Duke University and completed her DPT at Texas Woman's University.



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