

East Texas District
November 15, 2018

The East Texas District met at Kilgore Community College on November 15, 2018. The PT club hosted the meeting with the famous taco soup and desserts. The presentation was “Understanding Transitions to Palliative and Hospice Care and Implications to the Field of Physical Therapy” by M. Thomas Beets, MD, FAAFP, HMDC, FAAHPM for 1.0 CCU.

Meetings attended by chair and various members:

Annual Conference, TPTA board, PTA SIG, ETD meeting online in October (first one for the district), virtual attendance on September 18 at SED meeting, Zoom meeting, July 17, EC Board, Tom Waugh Leadership Development meetings. A district representative for the Tom Waugh meetings is needed.

The minutes from the summer were approved as published online.

Arvin Calambra, vice chair, reported that the next meeting will be February 21, 2019, in Tyler. The speaker will be Dr. Michael Hector, M.D., a cardiovascular surgeon. We plan to have 2 virtual meetings and 2 face-to-face in 2019. Members were polled about preferred means of communications; email was preferred, but any form is good. We will use Go To Meeting for the virtual meetings.

Treasury: Jessica reported that the budget was submitted in August. Quickbooks is now live, so we have access to our financial logs ourselves. The membership has been requested to send emails to enhance communication. The treasury has about \$4,000.00. Of special concern is the cost of travel/lodging for the delegate, chair and the delegate to the APTA forum. A 50/50 fundraiser is being considered as well as a pancake fundraiser at Aspen Creek Grill in Tyler. Volunteers will be needed on a Saturday from 8-11am and should net about \$1,000.00.

Delegate report: Laurie Hurst has begun her term as delegate. She reported that she had delivered 2 PAC checks to local legislators: Representative Travis Clardy, Nacogdoches and Senator Robert Nichols, District 8. Mr. Clardy and Mr. Nichols were both re-elected, so hopefully they will be willing to support physical therapy issues in the coming legislative session. She discussed PT issues with each legislator, especially direct access and including a PTA on the Board of PT/OT examiners. Note: There was no feedback from therapists about a PTA on the board at the time that the issue came up.

Government affairs: Artis Newsome, PT, expressed concern that a younger member of the district should go to DC for the APTA forum in the spring. PAC envelopes were distributed to the members present. Texas legislative day will be February 19. Hopefully students and many professionals will be able to attend.

Polly presented the membership report. There are 287 members in the district: 121 PTs, 69 PTAs and 97 students. Last year there were 309 members: 119 PTs, 82 PTAs and 108 students.

Public Relations: Amanda Storer, PTA reported that Choice Rehab is refusing emails from the ETD gmail account; please check the spam mail to ensure that emails are read.

2019 is the fiftieth year of the PTA, and the PTA SIG is having a virtual 10K. Instructions will be available online. There are 3 PTA programs in the district, which will be planning celebrations. The PTA SIG is planning a party at annual conference in 2019.

Education: A chair is still needed per our bylaws.

Future speakers for a possible Saturday course in April, 2019: Dr. Lynne Hughes, PT, UTMB, Dr. Sharron Dunn, PT, APTA president, Dr. Janet Bezner, PT (mindfulness), and Laurie Hurst, PT (nutrition/lymphedema).

Nominating committee: The members are Crystal , Terry Bunker, PT, and Kristi Kleinig, PTA. Crystal is rolling off.

Elections: Elections will be held in April with the option for online voting. Positions to be filled are nominating committee, treasurer, education chair and district chair.

The meeting was adjourned for the presentation by the speaker and the results of the drawing for the fundraiser for the students.

Respectfully,
Ann Huffstetter, PTA
Secretary for the district