



**LA POSADA HOME**  
*A Shelter for Women and Their Dependents*

**List of Needs**

**Bathroom**

- Shower Curtain w/ Hooks
- Mirrors
- Mats
- Towels

**Cleaning Supplies**

- **Clorox/Fabuloso**
- **Dish Soap**
- Window Cleaner
- Dust Pan
- **Lysol Spray**
- Scrubbing Sponge
- Industrial Bucket
- Oven Cleaner
- **Trash Bags(Kitchen Bags)**
- Furniture Polish
- Broom/Mops
- Bathroom Cleaner
- Toilet Brush
- Cleaning Rags
- **Disinfectant Wipes**
- **Laundry Detergent**
- **Softener**
- Dryer Sheets

**Food**

- **Cooking Oil**
- **Fruit/Vegetables**
- Sugar
- Salt
- **Milk/Eggs**
- **Butter**
- Cereal/Oatmeal
- Cookies
- Flour
- Crackers
- Seasonings
- Rice
- Beans
- Coffee
- Pasta
- Bread
- Jelly

- Canned goods

- Meats

**Paper Goods**

- **Napkins**
- Paper Plates/Bowls
- Disposable Utensils
- Disposable Cups
- **Kitchen Paper**
- **Towels**

**Rooms**

- **Pillow**
- **Twin Sheet Set**
- Pillow Case
- Curtains
- Comforter

**Toiletries**

- **Toilet Paper**
- Toothbrush
- Body Wash/Bar Soap
- Hand Soap
- Body Sponge
- Hair brush/Combs
- Deodorant
- Shampoo/Cond
- Gel/Mousse
- Q Tips
- Sanitary Pads/Tampons
- Body Lotion
- Kleenex
- Hair Ties/Bobby Pins

**Baby Needs**

- Lotion/Body Wash
- **Diapers (All Sizes)**
- **Immediate need of size 3, 4 & 5**
- **Baby Wipes**
- Bathtub
- Baby Food/Formula
- Crib/Playpen
- Stroller
- Car Seat
- Baby Bouncer
- Baby Gym Set

- Changing Table

- Clothing

**School Supplies**

- Backpack
- Coloring Book
- Pens/Pencils
- Crayolas/Colors
- Markers
- Construction Paper
- Art Supplies
- Binders

**Medication**

- Cold/Flu Medication
- Band-Aids
- Tylenol/Aspirin/Ibuprofen
- Rubbing Alcohol
- Thermometers
- Laxative
- Muscle Medicine

**Kitchen Items**

- Can Opener
- Toaster/Mixer
- Microwave
- Tupperware
- Cookware/Utensils
- Dinnerware
- Silverware
- Kitchen Towels
- **Plastic Wrap/Ziploc Bags**
- **Aluminum Foil**

**Others**

- Clothes and Shoes (Women/Children)
- Underwear
- Clothes Hangers
- Furniture
- Mattress