

TPTA Practice “TidBits” Fourth Quarter 2017

The TPTA Practice Committee (PC) would like to update you on important APTA initiatives and topics that include research, federal/regulatory, diversity, prevention, health and wellness. See below for details. Please check out the newly updated Practice section of the TPTA website, whereas there are more links, access, and organization. We are continuing to work towards our strategic aims as a Movement System Expert, along with organizing special tasks forces for Telehealth, and providing white papers for the Legislative sessions to create more access/WINs for our patients. If you have any questions or comments, please contact Rachel Hardegree at rhardegree@tpta.org or 512-477-1818.

Diversity Update:

The Association is working with Components to create member groups to develop initiatives to increase diversity in membership and leadership and/or provide information on cultural competence in the profession.

- The 25th Anniversary of the Celebration of Diversity is scheduled for Saturday, October 14, 2017 Franklin Park Conservatory, Columbus, OH.
- Further details on participation will be forthcoming on APTA’s web page including how you can contribute via an APP.
- For more information visit <http://www.apta.org/celebrationofdiversity/>
- For more information: contact Johnette L. Meadows, PT, MS at 703-706-3143 of johnettemeadows@apta.org

Interstate Compact:

- The Physical Therapy Licensure Compact now has 14 states that have adopted the compact. A Compact Commission has been formed to make rules for the new process.
- Compact privileges will be made available sometime in the first half of 2018.
- For more information on the Physical Therapy Licensure Compact, please visit APTA’s website at <http://www.apta.org/StateIssues/InterstateLicensureCompact/fsbpt> at <http://www.fsbpt.org/FreeResources/PhysicalTherapyLicensureCompact.aspx>

PT Now Update:

- There are 21 new Clinical Summaries including TKA-update, Dementia, Knee OA, Spina Bifida, Neuropathic Ulcers, Coronary Artery Disease, and Unilateral Vestibular (linked to Neuro Academy CPG resources)
- There are 42 new Test and Measures including pain and cognition along with MANY more.
- There are 91 new CPGs that have been added to the CPG/Cochrane libraries. This includes Diagnosis of Upper-Quadrant Lymphedema Secondary to Cancer and Neck Pain: Revision 2017.
- CPG+ has additional resources of Venous Thromboembolism, ACL Rehab
- Visit all resources at <http://www.ptnow.org>

Clinical Practice Guidelines:

- Clinical Practice Guidelines explicitly link recommendations to evidence, which is beyond just an evidence summary
- Over 40 Clinical Practice Guidelines are being developed or are under continuous review.
- For more information on the Clinical Practice Guidelines, please visit APTA’s website at <http://www.apta.org/EvidenceResearch/EBPTools/CPGs/>

2018 ICD-10 Update:

- The 2018 ICD-10-CM and GEMs code files are available on the CMS website.
- There are 363 new codes, 142 deletions, and 226 code revisions. This the following items: Adding “without evidence of necrosis” to multiple Non-pressure chronic ulcer codes Added “neurogenic claudication” to M48.06 Spinal stenosis, lumbar region to now read; *M48.061 Spinal stenosis, lumbar region without neurogenic claudication Spinal stenosis, lumbar region NOS M48.062 Spinal stenosis, lumbar region with neurogenic claudication*
- Deleted S63.13 and S63.14 Subluxation and dislocation of proximal and Distal interphalangeal joint of thumb
- For more information about ICD-10, please visit APTA’s website at <http://www.apta.org/ICD10>

Movement System Update:

- As part of the APTA Vision, the first Guiding Principle is Identity: The physical therapy profession will define and promote the movement system as the foundation for optimizing movement to improve the health of society.
- A Board Task force led this journey and in December 2016 convened a Movement System Summit. Read about the event via the summit overview (.pdf) and watch video presentations on the Movement System Summit webpage.
- The "movement system" represents the collection of systems (cardiovascular, pulmonary, endocrine, integumentary, nervous, and musculoskeletal) that interact to move the body or its component parts. View the Movement System Diagram (.pdf)
- APTA’s Board of Directors approved the criteria for movement system diagnostic labels/classification systems that was developed from the Movement System Summit.
- Below are the criteria:
- Use recognized movement-related terms to describe the condition or syndrome of the movement system. Include, if deemed necessary, the name of the pathology, disease, disorder, anatomical or physiological terms, and stage of recovery associated with the diagnosis.
- Be as succinct and direct as possible to improve clinical usefulness.
- Strive for movement system diagnoses that span all populations, health conditions, and the lifespan.
- Whenever possible, use similar movement-related terms to describe similar movements, regardless of pathology or other characteristics of the patient or client.
- For more information on the Movement system, please visit APTA’s website at <http://www.apta.org/MovementSystem/>

Opioid Epidemic:

- APTA continues the opioid awareness campaign with the #ChoosePT campaign to raise awareness about the dangers of prescription opioids and encourages consumers and prescribers to choose safer alternatives like physical therapy, consistent with Centers for Disease Control and Prevention (CDC) guidelines released in March 2016 urging nondrug treatment for most chronic pain conditions.
- For more information on please visit #ChoosePT Opioid Awareness Campaign Toolkit
- For more resources on pain management, please visit PTNow- Providing a Safe Alternative to Opioids: Resources for Pain Management.